

BLANKET CARRY

For incapacitated survivors who must be moved. 5-8 rescuers

1. **Secure survivor permission; Keep them informed.** Team Lead (TL) informs team of plan: destination, commands. TL stays at head position of survivor.
2. **Ensure the route is safe** before setting out. May alert Medical Area, or destination. Bring medical record.
3. **The stretcher:** Accordion-bunch a blanket (rug, large towel, curtain, etc.) along the survivor's most injured side, ensuring that blanket will extend to under the head.
4. **Tuck blanket under the survivor:** through lower back, ankle & knees' cavities, pulling ½ through to other side.
5. **Position survivor on center of blanket:** Facing survivor, turn using 'log roll' technique. TL securing head/spine alignment as needed. Consider placing in recovery position.
6. **2-3 rescuers squat on each side** of survivor. Position rescuers considering their relative strength & agility, considering survivor's weight distribution; heaviest anatomy is towards hips. The TL reminds and checks the team for correct lifting position (backs straight, head in line with hips; use thigh & ab muscles, keep load close).
7. **Roll up each blanket side** towards the survivor, to become a long handle. Then rescuers grip this handle, crossing arms hand over hand, for added stability.
8. **The TL remains at head**, securing neck/spine; observing pathways & environment, providing directions. Calls out: "Ready to lift after my count of three: 1, 2, 3- LIFT."
9. **The team lifts & walks in unison** on command, keeping the survivor level. All carriers face forward as they walk- but face each other on stairs. Carry survivor feet first, especially over uneven surfaces, e.g., going *down* stairs. (Survivor's head first *up* stairs).
10. **Lower the survivor together** -TL alerts patient, then calls out: "Ready to lower after my count of three: 1, 2, 3- LOWER". Place gently, exercising caution to keep survivor level; head/ neck/ spine aligned.