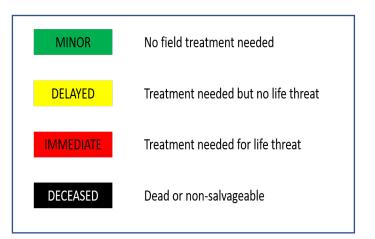
START: Simple Triage and Rapid Treatment



<u>Size up</u> (safe to be there). <u>Gloves, mask</u>. Buddy & roles designated. <u>Basic supplies:</u> (colored tags/ markers, paper, pen, radio/phone/ whistle) <u>Med supplies</u>: (e.g., splints, gauze/ dressing, tourniquet)

- 1. On entry to the incident scene, call out: "If you can hear my voice, come to me."
 - Tag, document, & monitor those who come over to you
 - ✓ <u>They may</u> provide information, help_with specific tasks
 - ✓ <u>Safely place</u> non-assisting survivors. Remove obstreperous people.
- 2. <u>Start where you stand</u>, and follow an orderly pattern. ID yourself. Ask permission to check them
 - Evaluate. Quickly treat only life threatening conditions. Categorize them, using these criteria:
 Respiration: are they breathing, and not too fast?

Pulse: Nailbed or palm refill < 2 seconds. Do they have a radial pulse?

Mental Status: can they respond to simple directions?

- <u>Mark each with a consistent triage marking</u>, as in above chart (Don't refer to triage categories by just their colors. "Yellow", "red", and "black" -these labels can have racial overtones.)
- <u>Maintain record of number in each category</u> (add location /notes if personnel/time for this documentation)
- <u>Aim for no more than 60 seconds per survivor</u> (30 is better). Provide quick reassurance that help will be requested. Continuously evaluate your safety.
- <u>Report your findings</u>: # of each category. (Helpful to note locations, ID, special conditions.)