

For incapacitated survivors who must be moved

5-8 rescuers ideally, to ensure survivor stability, including Team Lead (TL)
+ 1 more as Safety, if possible

1. **1st:** Ensure the route is safe before going. Alert Medical Area or destination- able to handle arrival? Bring any medical record. TL stays at head position of survivor.
2. **Keep survivor informed.** Secure permission. **TL informs team of plan:** identify destination, commands.
3. **Position rescuers** equally along both sides of survivor, considering their relative strength & agility, and considering survivor's weight distribution; strongest at hips.
4. **Spread a blanket** (rug, large towel, curtain, etc.) as the stretcher, and accordion bunch it along the survivor's most injured side, ensuring that it will extend to under the head for support.
5. **To position survivor on center of blanket:** Tuck blanket through lower back, knees' & ankle cavities, pulling ½ through to other side. To adjust positioning, turn person using log roll technique, coordinating movements to secure head/spine alignment.
6. The TL first reminds and checks the team for correct lifting position (backs straight, head in-line with hips; use thigh & ab muscles, keep load close).
7. **Roll up each blanket side** towards the survivor, then all grip this 'handle' crossing arms hand over hand, for added stability.
8. **The TL at survivor's head**, observing pathways & environment, providing directions; securing neck/spine. Calls out: "Ready to lift after my count of three: 1, 2, 3- LIFT."
9. **The team lifts & walks in unison**, keeping the survivor level. Carry the survivor feet first, especially over uneven surfaces, such as going down stairs (not up stairs- go head first). All carriers face in direction of walk, following TL commands.
10. **Lower the survivor together** -TL alerts patient, then calls out: "Ready to lower after my count of three: 1, 2, 3- LOWER". Place gently, exercising caution to keep survivor level; head/ neck/ spine aligned.