

## Personal Emergency Preparedness Checklist

- Take Personal Emergency Preparedness Class
- Complete Emergency Contact/Evacuation Sites form (share with family)
- Store water (1 gal per person per day, 14 days)**
- Water filter/purification method
- Create Bedside Bag (sturdy shoes and socks, flashlight) for each family member
- Check if water heater is strapped (if not, strap it!)
- Secure heavy furniture, TV, pictures, anything else that could fall
- Check foundation (bolted to frame, braced cripplewalls in crawlspace)
- Buy or replace expired Fire extinguisher(s)
- Store alternative shelter (tent/tarp, emergency blankets...) outside home
- Store emergency lighting. Keep a flashlight in every room.
- Store extra batteries
- Store extra medications (Over-the-counter and prescription)
- Build First Aid Kit
- Store emergency food (14 days, per person)
- Store extra can openers and alternative food preparation method
- Find and test shut-off for gas (only 1/8 turn), water, electric**
- Store shut-off wrench where you can find it in disaster (e.g., tied to gas meter)
- Store hygiene supplies – soap, wipes, sanitizer, waste containers (garbage bags)
- Store emergency radio (battery, crank, solar)
- Make Go Bag for home
- Make Go Bag for work (walking shoes!)
- Make Car Kit
- Review school emergency procedures (if applicable)
- Plan for Pets (copies of vaccination records, leash/carrier, food, water)
- Review plan with family**
- Purchase Walkie-talkies (FRS, GMRS) or Ham radio (and get licensed) (optional)
- Set up schedule to test batteries and rotate food/water/medications
- Practice evacuation plan
- Practice alternative food preparation and try emergency foods
- Talk to neighbors
- Map Your Neighborhood
- Take CERT (Community Emergency Response Team) course
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My next step: