

# Training Opportunities for Disaster First Aid

## First Aid, CPR and/or AED

**Red Cross: \$79-120**

<https://www.redcross.org/take-a-class>

**American Heart Association: On line course about \$28**

[https://cpr.heart.org/AHA/ECC/CPRAndECC/FindACourse/Courses/UCM\\_473164\\_Courses.jsp](https://cpr.heart.org/AHA/ECC/CPRAndECC/FindACourse/Courses/UCM_473164_Courses.jsp)

(Scroll down to Courses for the General Public)

**Emergency and Health Training Center – San Jose: \$40-\$65**

<http://www.cprtraining-center.com/>

**1st Support - San Jose: \$85**

<https://firstsupportcpr.com/courses/>

**Stop the Bleed - San Francisco: No fee**

<https://www.dhs.gov/stopthebleed>

<https://www.bleedingcontrol.org/> (They also offer bleeding control kits.)

## Wilderness First Aid

**REI (Recreational Equipment, Inc.): 16 hr. course, \$235 with certificate at the end of the course**

<https://www.rei.com/events>

**NOLS (National Outdoor Leadership School): 16 hr. course, \$180-305**

<https://www.nols.edu/en/about/wilderness-medicine/>

## Online Training

**You Are the Help Until Help Arrives: 30 minute video**

<https://community.fema.gov/until-help-arrives>

**National Safety Council: fee varies depending on subject**

<https://www.nsc.org/safety-training/first-aid/courses>

Classroom and online training

**First Care Provider: On line classes under construction**

<https://firstcareprovider.org/start-here> (They also offer Trauma Kits.)

## CERT (Community Emergency Response Team)

<https://www.eventbrite.com/> (Search for "CERT")

Disaster preparation and response training, including Disaster Medical Operations, offered in many cities in Santa Clara County.